

Halacha Hotline - Pesach Shopping Companion 5783-2023

Most of this is based upon information provided by the Star-K. You can obtain more information in their Passover Guide (which includes a comprehensive list of medications by Rabbi Gershon Bess, available in bookstores) or their web site (star-k.org), and the OU (ou.org). According to halacha, most medications may be taken even if they contain chometz. Similarly, soaps, detergents, ointments, & lotions are halachically permissible even if they contain chametz. However, if possible, it is preferable to use products that contain no chametz. We generally included only the main or most popular brands; do not assume that a brand that is not mentioned in this list is not acceptable.

All products listed may be used without special Pesach certification unless noted otherwise.

Alcohol: Any isopropyl alcohol for external use.

Allergy: Allegra (& D) (12/24 hr. tabs), Allegra Children (12 hr. & Oral Suspension); Claritan (& D (tabs, not chewable or redi-tabs).

Almond Flour: Kirkland (with K-ORC or KOF-K, even w/o P)

Aluminum: All disposable foil, pans etc.

Ammonia: All.

Antacid: Alka-Seltzer (orig. efferv. tabs, extra strength efferv. tabs).

Antihistamine: Benadryl (Allergy - Chewables)(UltraTab).

Baby Formula: [All are *kitniyos*, use separate utensils] Similac, Enfamil & Isomil – all liquids and powders.

Baby Powder: Any not listing oat flour as an ingredient.

Baby Wipes: Any without alcohol (not Shabbos/Yom Tov use).

Baking Powder: Requires KFP supervision.

Baking Soda: All (not baking powder unless with *hashgacha*).

Bleach: All.

Blush, Rouge: All powdered.

Chapstick: Classic Orig., Classic Strawberry, Medicated, Moisturizer, Overnight – all might contain kitniyos

Charcoal Briquets: Any unflavored.

Clay (modeling): might contain wheat & should be sold.

Cocoa Powder: Hershey's with an OU.

Coffee, Ground & Whole Bean (Unflavored, not decaf): Chock f-o Nuts, Folgers, Kirkland Signature, Maxwell House, Shop Rite, Trader Joe's.

K-cups (Unflavored, not decaf): Chock f-o Nuts, Dunkin Donuts, 8-O'clock, Folgers, Nescafe Taster's Choice, Shoprite, Starbucks.

Coffee, Instant, Folgers (Classic Roast, Regular), Nescafe-Taster's Choice (Regular).

Coffee, Instant De-caf (Unflavored): Folgers, Sanka (with KFP).

Contact Lens Solution: All.

Creams & Ointments: A&D (orig), Desitin (max. str., ointment, multipurpose), Neosporin (cream & orig; not for eczema), Vaseline (orig; intensive care).

Dental Floss, Flossers, Picks: Any unflavored (even waxed).

Deodorant/ Antiperspirant: Essentially, all powdered and solid-stick are acceptable. Specifically: Arrid Deodorant/ Antiperspirant (spray, solid); Lady Speed Stick Deodorant (all); Mennen: Speed Stick Deodorant/ Antiperspirant (all).

Detergents - Cleaners: Ajax, Clorox, Fantastik, Lysol, Mr. Clean, Murphy's, Pine-Sol, Windex.

Detergents - Dishwashing: Ajax, Cascade, Dawn, Ivory, Joy, Palmolive (Ultra).

Detergents - Laundry: Powdered – with KFP only; Liquid/Pods – Arm&Hammer, Cheer, Dreft, Era, Gain, Tide.

Face Powder: All.

Fruit, Frozen: According to Star-K, all frozen unsweetened additive free (no syrup, citric or ascorbic acid or vitamin C) whole, sliced, or formed fruit (e.g., sliced peaches, melon balls, cranberries).

Strawberries need reliable hechsher for infestation

Gloves: Rubber/latex: Without inner powder coating; hospital disposable gloves might contain oatmeal (chametz); check label

Glue: Elmer's & Crazy Glue.

Hydrogen Peroxide: All.

Ice: Plain water bagged ice may be used.

Juices, Fresh: All fresh juices, even premium, need Pesach certification. **Bottled:** ReaLemon & ReaLime (with reg. OU).

Juices, Frozen: According to Star-K, any 100% pure frozen white grapefruit or orange, without sweeteners, additives, preservatives, or enrichments (e.g., calcium), is acceptable.

Lactaid Brand Milk: buy before Pesach.

Lactaid caplets: might contain chametz.

Mineral Oil: All.

Mouthwash: Colgate (all), Listerine (cool mint, total care zero, ultra clean, zero alcohol), Scope (all).

Nail Polish & Remover: All.

Nuts: Raw, not roasted, blanched, or ground (whole, chopped, slivered) – e.g., almonds, pine nuts, walnuts, and pecans (but only whole or half pecans, not pieces or midgets) – w/o preservatives or additives (e.g. BHT or BHA in corn oil). May not be used if label states processed in a plant that produces grain or legumes.

Ointment: See Creams

Orthodontic rubber bands: Rinse in cold water b/f Pesach.

Oven Cleaners: Easy-Off.

Pain Reliever: Advil (allergy, children susp. – all flavors, cold & sinus, junior strength, infant drops – grape, PM; NOT “film coated” or menstrual); Bayer (aspirin, chewable, xtra strength, low dose; not rapid relief); Motrin: (IB & PM coated caplets); Tums: all are kitniyos (asst. fruit 150/160 ct, ex asst. berries 72 ct, sugar free 80 ct. others might be treif); Tylenol (ex. strength caplets, ex. strength cold & flu, PM caplets, reg. tabs, regular 8 hr.).

Paper Disposables: Paper plates, require KFP; Paper bags & cups – for cold use only; Coated Paper Plates & Cups – for cold use only; Foil cup-cake holders - All

Paper Towels: All. (First three sheets and the last sheet attached to the cardboard should not come into direct contact with food.)

Parchment Paper: KFP only. Kirkland with Star-K is fine.

Plastic Disposables: All plastic bags, cups, cutlery, plates, and wrap; All crockpot liners, napkins, and paper coffee filters.

Play-Doh: contains *chometz* and should be sold.

Polish: Furniture/Shoe – all.

Salt: non-iodized, without dextrose or polysorbates. (Morton non-iodized salt is authorized by the OU even w/o P).

Scouring Pads/Sponges/Steelwool: Any without soap.

Seltzer: Any unflavored (w/o citrates). Flavored needs KFP.

Shampoo/Conditioner: Head & Shoulders (Active Sport, Classic Clean, & Deep Clean: shampoo, Conditioner, 2-in-1), Prell (Classic Clean Shampoo), Suave (Essentials Tropical Coconut – Shampoo, Conditioner), Suave kids (3-in-1) watermelon, deep moisture hydrating shampoo.

Silver Polish: Goddards, Hagerty, Weiman.

Spices & Seasonings: All require KFP certification.

Soap, Bar: Dove Bar (all), Irish Spring (all),

Soap, Liquid: Dove (Deep Moisture Body Wash), Softsoap (body wash – all), liquid (all), shower gels; Irish Spring (body wash – all).

Sugar: Granulated Cane – All pure (no dextrose added). Granulated, Brown, and Brownulated – only with KFP. White granulated – The OU authorizes Kirkland & Trader Joe's (even w/o P); the OK authorizes Domino (with an OKP).

Tablecloths: All clear plastic (non-powdered). Separate before Shabbos & Yom Tov. Separate garbage bags as well.

Teabags: unflavored, non-decaffeinated, non-herbal: Lipton, Stop & Shop, Swee-Touch-Nee, Tetley.

Toothpaste: Aim (all), Close up (all), Colgate (all), Pepsodent (all), Utrabrite (all).

Water: Any unflavored fresh, bottled, spring, or distilled (even with fluoride & minerals) if does not list citrate or zinc lactate; (5 gallon containers should be avoided).

Wax Paper: Cut-rite, Reynolds, Shoprite, Stop & Shop